

## sports / fitness

**Basketball Development** | 5 weeks

Basic instruction in basketball fundamentals that will help develop skills and game knowledge. Emphasis will be on having fun in game situations.

**Instructor:** Recreation Staff

**Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2403.404	7-10 yrs	Thu	3:30-4:30pm	Oct 11	\$25

**Boys & Girls Progressive Co-Ed Class** | 8 weeks

NON-COMPETITIVE Introductory gymnastics at its best! Skills are taught following our specially designed curriculum and PERSONAL BEST philosophy which provides a safe and successful experience for all children, raising their self-esteem. Patient, kind and caring instructors help children learn gymnastics skills on tumbling, trampoline, bars, rings, beams and vaulting. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

**Instructor & Location:** Fun and Fit Gymnastics (818) 845-0700  
1919 W. Burbank Blvd., Burbank, CA 91506

Activity #	Ages	Day	Time	Start	Fee
2410.417	6-13 yrs	Tue	7:15-8:15pm	Sept 11	\$114

**Football Fundamentals** | 4 weeks

Learn and develop basic football skills that can be used in flag or tackle football. Drills, plays and techniques will be taught for both offense and defense. Are you ready for some football?

**Instructor:** Recreation Staff

**Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2400.404	7-10 yrs	Thu	3:30-4:30pm	Sept 13	\$20

**Gymnastics, Performance - Level 3** | 12 weeks

This class learns the upper levels for competitive gymnastics. Routines will be introduced and everyone will get a chance to perform.

**Instructor:** Sheryll Donovan

**Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2404.403*	6-15 yrs	Wed	6:15-7:35pm	Sept 12	\$162

\*Instructor approval required. Not available for internet registration.

## burbank bmx/skate park



1625 North Valley Street

ANNUAL PASSES 1/2 Price NOW!

FEES:	RESIDENT /NON-RES	*ID CARD
Yearly:	<b>\$25/ \$30</b>	--
Weekly:	\$8 /\$10	\$5
Daily:	\$3/\$5	\$5

\*I.D. Card is a one-time fee.

Be on the lookout for Special Events in October!

**BIKE AND SKATE SESSIONS WILL BE DESIGNATED**

Monday - Thursday .....	4:00 - 7:00 pm
Friday .....	4:00 - 9:00 pm
Saturday .....	12:00 - 9:00 pm
Sunday .....	12:00 - 5:00 pm

All riders must be registered and have a parent-signed waiver on file to use at the park. Register at the Burbank BMX/Skate Park. Parent must be present when waiver is signed.

All riders are required to wear a helmet, elbow pads, and knee pads.

**BMX BIKE/SKATE PARK RENTAL**

Reserve the park for parties and other special occasions for a minimum of 2 hours. Call (818) 238-5300 for details.

**SPECIAL THANKS TO OUR SUPPORTERS**

Active, Boarders, Diamond, Kosher Skateboards NE1, Street Surfing, Synopsis Skateboards, Unofficial Celebrity, Young & Reckless, Val Surf, H+S Bikeshop, Burbank Bike Shop, Burbank Music Academy, Neighborhood School of Rock, UNoHo, Buddy's All Stars, and Montrose Bike Shop